



Coach's Concussion Law Compliance

House Bill 1824, passed in 2009, requires the adoption of policies for the management of concussions and head injuries in youth sports. In order for the Thurston County Babe Ruth League to be in compliance, all coaches are required to:

- ❖ Be educated as to the nature and risk of concussion and head injuries including continuing to play after concussion or head injury. This education shall include signs and symptoms of concussion/brain injury. This education is available at no charge to coaches via the WIAA website at www.wiaa.com. Coaches shall educate their athletes on the signs and symptoms of concussion and encourage athletes to notify a coach if they or a teammate exhibits those signs or symptoms.
- ❖ Immediately remove from participation/competition any athlete who is suspected of sustaining a concussion or head injury.
- ❖ Not allow an athlete who has been removed from play because of a suspected concussion/brain injury to return to play until the athlete has received written clearance from a licensed health care provider trained in the evaluation and management of brain injuries.

Coaching Requirement:

- ❖ Review the WIAA Coaches Resource Packet.
- ❖ View the WIAA video on Concussion in Youth Sports.

The packet and video are available at www.wiaa.com under Publications / Concussion Management Guidelines / Coaching Resources (on the left hand side of the page).

By signing below, I certify that I have viewed the concussion video and that I have reviewed the Coaches Resource Packet on the WIAA website.

Coach's Name (Printed): _____

Coach Signature: _____

Date: _____